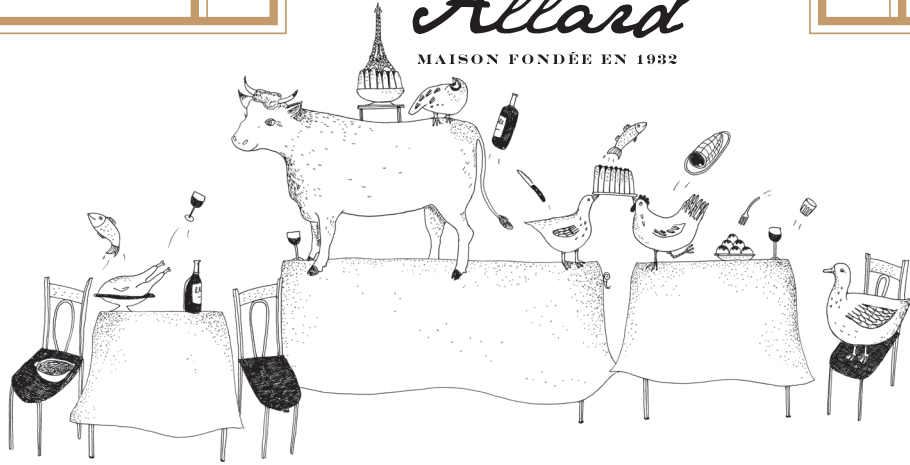


# Allard

MAISON FONDÉE EN 1932



## A LA CARTE

|          |   |                         |
|----------|---|-------------------------|
| STARTERS | <i>Soft-boiled egg, girolle fricassée and Beaufort</i>                            | 26                      |
|          | <i>Field tomatoes, fresh cheese, basil vinaigrette</i>                            | 26                      |
|          | <i>Courgette flower stuffed with blue lobster, chilled homardine</i>              | 42                      |
|          | <i>Snails in their shell</i>  | the 6 / 14 _the 12 / 28 |
|          | <i>Fernande Allard's traditional frog legs from Notre-Dame-de-Monts</i>           | 38                      |
| MAINS    | <i>Seared pollock, confit aubergines and mustard</i>                              | 46                      |
|          | <i>Roasted saddle of lamb, green beans and almonds, cooking jus with tomatoes</i> | 56                      |
|          | <i>Pan-seared veal sweetbread, tiny artichokes and romaine lettuce condiment</i>  | 52                      |
|          | <i>Peppered beef tenderloin</i>   | 52                      |
| FOR 2    | <i>Duck from Challans with olives</i>   | 110                     |
|          | <i>Roasted Bourbonnais free-range chicken</i>                                     | 92                      |
| SIDES    | <i>Tiny potato cocotte</i>  | 10                      |
|          | <i>Seasonal vegetables</i>  | 12                      |
|          | <i>Macaroni gratinated with matured Comté</i>                                     | 15                      |
| CHEESE   | <i>French cheese assortment</i>   | 14                      |
| DESSERTS | <i>Strawberry and verbena nage, delicate shortbread</i>                           | 14                      |
|          | <i>Chocolate * profiteroles</i>   | 14                      |
|          | <i>Three vanilla ice cream * «flood» with coffee * and praline</i>                | 12                      |
|          | <i>Rum savarin, lightly whipped Chantilly</i>                                     | 14                      |
|          | <i>Floating island</i>  | 14                      |